

The Gym Group and Sussex Police Federation Working Together To Promote Employee Wellbeing

The Gym Group and the Sussex Police Federation are working together to promote fitness & wellbeing to ALL Sussex Police Federation employees.

You can now join one of the following Gym Group locations with a £0 joining fee, saving you £20!

Nb:-The £0 joining fee only applies to a single site membership at one of the below locations and not to a multi site membership. All membership sign ups need to be completed with a debit card as we do not take any cash payments.

- ✓ **The Gym Brighton Madeira Drive**
- ✓ **The Gym Brighton London Road (Opens 8th April 2015)**
- ✓ **The Gym Eastbourne (Opens 11th May 2015)**
- ✓ **The Gym Crawley**

The Gym Group:

- Sussex police federation £0 joining fee offer – Usually £20
- Monthly membership price will vary depend on the chosen 'The Gym' location
- Open 24/7
- No membership contract
- Free 30 minute equipment induction
- 3 x FREE 30 minute training sessions with the 'Let's Get Personal' Plans
- Free exercise classes (classes may vary depending on The Gym location)

To take advantage of this offer simply visit The Gym location of your choice and join directly with one of the management team. You will need to show a valid Warrant Card or Identity card and then the joining fee will be removed.

For more information simply visit www.thegymgroup.com or just head down to the club of your choice for a tour.