

*National Association of Retired Police Officers
Eastbourne and District Branch*

Spring 2013 - Quarterly Newsletter

Dear Members,

Welcome to the March Newsletter. I hope it finds you all in good health and looking forward to some warmer and dryer Spring weather.

I would like to welcome the following new members:

Stuart and Theresa Atkins - Sussex
Ben and Lesley Blackman - Sussex
Paul and Anne Skinner - Sussex
Stephen and Lorna Williams - Sussex
Steven and Joan Dumbleton - Sussex
Dawn Barratt - Sussex
Jonathan and Rachel Goddard - Sussex (SOCA)

OBITUARIES

There have been a number of obituaries and our thoughts go to the families.

Eastbourne Branch Members

Peter Bishop on 5th December 2012

Mrs Silvia Hinsbey (wife of one of our life members, Brian) passed away on 2nd January 2013 at St Wilfrids Hospice.

Charles 'Vinny' Stredwick on 11th February 2013

Mildred (Billie/Bill) Smith aged 93years on 2nd March 2013 at the Queen Alexandra Cottage Homes Care Wing. Billie was the widow of ex-Insp Henry 'Dusty' Smith of Eastbourne Borough Police who retired in 1964

Other Branches

Paul Thomassen Hastings Branch on 6th December 2012

Fred Hibbert aged 87 and a former West Sussex officer passed away on 3rd January 2013 at Worthing hospital.

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Brian Thomas Worthing Branch on 4th February 2013 aged 78 years. He retired from Sussex Police in 1985 having served at Arundel, Shoreham, Worthing and Littlehampton finishing his career as an Inspector in Crime Prevention at Lewes.

Tim Piercey aged 89 years on 4th February 2013. He served in the former Brighton County Borough Force and in his latter service was the Coroner's Officer.

Richard (Dick) Swainston, passed away at Worthing Hospital on 6th March 2013, aged 89 years. Dick retired in the mid 1960's whilst a Sergeant in Schools Liaison. He also served at Horsham, Midhurst and Crawley, and was on Mounted Branch before it was disbanded.

Janet Dorothea Holdstock aged 74 years, a former civilian staff member of Sussex Police, who worked for many years at Hastings Police Station (non NARPO member). Jan, served as the accident clerk and latterly the data Centre Supervisor. She was very involved in swimming and for many years coached the British Synchronised swimming squad for the Olympics.

Paul Mc Keever on 17th February 2013. Paul was the Chairman of the Police Federation of England and Wales

If you do hear of a bereavement of one of our members would you please let me know so I can pass the sad news on.

And now for more cheerful matters.....

ANNUAL GENERAL MEETING 15th APRIL 2013

Our Branch Annual General Meeting will be taking place at 7.15pm on Monday 15th April 2013 at the Fishermens Club, Royal Parade, Eastbourne, BN22 7AA. This is a social gathering with a guest speaker, bar, buffet and raffle. It's a chance to meet new members and reminisce with old friend and colleagues.

We are seeking nominations for members to join both the General Committee and Social Committee to replace three existing members that have indicated that they will be standing down at the AGM. If you wish to offer your services please contact me. Both committees meet quarterly.

Our guest speaker will be Glenys Laws of an organisation called Collective Legal Solutions. I understand that Glenys gives an interesting and humourous half hour presentation on Tax, Care and 'Toy Boys'. There will be a question and answer session.

Please support our AGM

SPRING LUNCH - FRIDAY 24th MAY 2013

The Social Committee have arranged for the Spring Lunch to be held at the Hydro Hotel on Friday 24th May 2013. The price is the same as last year i.e. £19.00 per person. The Hydro Hotel treats us extremely well and provides excellent food. There will be the usual Raffle with tickets available from 12.15pm. 'Sit down' for the meal is at 1.15pm prompt. Please support this function by making your choices from the following menu, filling in the pro forma at the end of this Newsletter, and sending it with your cheque for the appropriate amount made payable to **Eastbourne NARPO - Social Section** to Mrs. Ruth Humphrey, 53 Rotunda Road, Eastbourne, BN23 6LF. The closing date will be Friday 10th May 2013. The menu is as follows:-

Starter:

Marinated Melon Pearls in Midori Liqueur

OR

Home Smoked Breast of Chicken on Rocket and Red Chard Salad with Cajun Mayonnaise

Main Course:

Roast Leg of Southdown Lamb with Mini Filo of Tomato Marinated
Vegetables and Rosemary Jus

OR

Mediterranean Seared Salmon, Sun Blushed Tomatoes and
Balsamic Dressing

OR

Vegetarian: Aubergine, Tomato and Brie Bake with Basil and
Pine Nut Dressing

Dessert:

Chocolate and Grand Marnier Torte

OR

A selection of Cheese and Biscuits.

Please support this excellent Social gathering and send the form and cheque to Ruth as soon as possible. I will NOT be circulating another Newsletter before the Spring Lunch.

REUNIONS

UCKFIELD

The Uckfield Police reunion this year will be held at 7.30pm on Tuesday 16th April 2013 at the Uckfield Club, opposite Tesco in Uckfield. The cost is £10 per head which covers hall hire, temporary membership, first drink and a finger buffet. The invitation is extended to retired and serving police, support staff, specials, wives, partners and carers. Please make cheques payable to Eric Coates and sent to 36 Lashbrooks Road, Uckfield, East Sussex, TN22 2AZ as soon as possible.

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Eric can be contacted on 01825 761676 or (mobile) 07881977509

BRIGHTON

There will be a reunion of former members of the County Borough of Brighton Police on Wednesday 14th August 2013 from 12.30 to 4.30pm in the Silks Suite at Brighton Race Course. The invitation is extended to spouses, widow/ers and partners. A finger buffet with tea and coffee will be provided, and a pay bar will be available. The cost will be approx £19. There is ample free parking, and a good bus service to the door. For more information and or/an application form, please write as soon as possible to: Alex Durie, enclosing a self addressed envelope, at 19 Millyard Crescent, Woodingdean, Brighton BN2 6LJ or by email to michael.welch30@ntlworld.com

OUTING TO THE POLICE MUSEUM

This outing which was planned for 25th April 2013 has been cancelled due to the lack of support. Unfortunately, those members that are not on email would not have been aware of this outing as it was circulated by email in February.

DO YOU WISH TO CHECK THE STANDARD OF YOUR DRIVING?

Dave Taylor who retired from Sussex Police in 2009 as a police driving instructor has been running his own local driving school. If any of our members have been considering taking an experienced driving assessment, Dave can offer these at a reduced rate of £30 for NARPO members. The one and a half hour session includes an assessment of driving skills with coaching on any areas for development. Other National Organisations also offer these assessments which are often passed on to Dave to carry out. These organisations will charge on average £50 per session. If you wish to know more please contact Dave Taylor at dttaylormade@btinternet.com) I have no phone number or address for him.

'IN CASE OF EMERGENCY' CAMPAIGN ALSO KNOWN AS 'ICE'

Many of you may be aware of this ongoing campaign by the Ambulance Service.

Many of us carry a mobile phone with names & numbers stored in its memory. If we were to be involved in an accident or were taken ill, the emergency services attending wouldn't know who to call. All you need to do is store the number of a person or persons who should be contacted in an emergency under the name 'ICE' (In Case Of Emergency). If you have several emergency contact numbers they can be stored in your phone as 'ICE 1', 'ICE2' etc.

Emergency Service personnel and hospital staff are fully aware of 'ICE'.

Please pass this on to your family and friends.

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HAILSHAM ROTARY CLUB

For the first time in their 75 years history Hailsham Rotary Club have decided to invite potential membership from outside of their own contacts and invite new members from a selected number of responsible organisations.

They believe that those approaching retirement tend to have more spare time than many younger people who are heavily committed to their occupation and family!

Briefly, Rotary is an international organisation founded in 1905 located in most countries throughout the world with a membership of around 1.2 million; 50,000 members are in the UK.

A weekly fellowship dinner meeting is held at The Boship Hotel on the A22 on the outskirts of Hailsham where they have speakers for both enjoyment and information. They raise funds by stewarding part of the Beachy Head Marathon, a Golf Day and street collections. These funds are used for the benefit of local and international charities. Their main aim is to recognise a need and to try and address it by involving others to follow their lead.

Currently there are thirty one members in Hailsham ranging in age from under 40 to 80 years. Presently all their members are male but they would welcome ladies to join as most Rotary clubs are dual gender. Membership is £180 p.a. payable quarterly plus the cost of the weekly meal. Hailsham is twinned with Rotary clubs in France, Germany and Denmark.

If you would like to meet members of Hailsham Rotary without any commitment please contact Keith Mullen at Pasture, Lower Horsebridge, Hailsham BN27 4DN or telephone 01323840672

G4S WORK OPPORTUNITIES

G4S Policing Solutions recruit ex/retired Police Officers of all ranks and experience for contracts with police forces, local & central Government, regulatory bodies and the private sector across the UK. These are non-frontline positions. Experience in Crime Investigation is an advantage. Once registered with this company candidates would be notified of opportunities that are relevant to their skills and locations. The work would include obtaining evidential and witness statements, identifying lines of enquiry, retrieval of exhibits, investigating cases under the Proceeds of Crime Act 2002 (POCA), offering sympathy and empathy towards witnesses and victims, dealing with disclosure and high level confidential information and the ability to review material in the cases and advise case team leaders. You would also be expected to be able to take on your own case loads, have excellent communication skills, be able to work alone as well as be a team player, have impeccable attention to detail and good investigative skills

If you are interested please contact Olu on 02084616606 or forward a copy of an up to date CV to olugbenga.sowunmi@uk.g4s.com. Further details are available on www.policingsolutions.co.uk) or write to Olugbenga Sowunmi, Recruitment Officer, G4S Policing Solutions, Northside House 69 Tweedy Road Bromley BR1 3WA

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(I recently received the following from NARPO head office in respect of G4S:

*Many of our members were recruited by G4S in preparation for the London Olympics and went through recruitment processes, vetting, accreditation and training stages but never received an offer of employment. Linder Myers Solicitors have informed us that those in that category will have no reasonable grounds to pursue a breach of contract claim against G4S. However if you **DID** receive a **formal offer** of employment from G4S which they accepted and then were let down with no actual employment forthcoming from them then you may have a claim against G4S for Breach of contract. Should you fit into this category then please contact Latham Parry at Linder Myers Solicitors on 0844 984 6448 or narpo@lindermyers.co.uk who will be pleased to consider individual/or a collective cases.)*

POWER TO PEOPLE - FAIR FUEL UK CAMPAIGN

This item was forwarded by one of our members and may be of interest to those of you that run a car and feel strongly about the continual increases in fuel duty. The more that sign the more likely it is that this movement will be listened to. The Campaign has apparently helped to stop 9p/litre in tax hikes in the last 18 months and helped to defer the August 3p per litre fuel duty increase. They continue fighting against further fuel duty rises and to campaign for fuel duty to be cut as a long term objective. If you share the view that the Government fuel tax is excessive (typically 82p per litre in combined fuel duty and VAT) please help by signing up on their website fairfueluk.com/

WOODTURNING CLUB (PORTSLADE)

A small group of wood turners have got together to form a new woodturning club. This club is open to NARPO members, their families and friends. The club meets at Portslade Town Hall on the first Thursday of each month, 7 till 10pm - starting on 7th February. Their details can be found on their website www.SouthDownsWoodturners.co.uk If you prefer the personal touch, you can contact John Byford on 01903 265393 or at jhbyford@btinternet.com .

RUSPER GOLF CLUB

Rusper GC is holding its Senior Spring Meeting on MONDAY 15th APRIL 2013. Entry is £30 which includes Full English Breakfast & Coffee on arrival; 18 hole Stableford of Full Handicap; Prizes + longest drive + nearest the pin. Players to be / have been Sussex Police employees and 50+ on 15th April 2013. Tee times to be circulated on or about 8th April. Numbers are limited so book early to avoid disappointment. If you wish to enter this competition please complete the form at the end of the Newsletter and send a £19 deposit (cheque made payable to P R Hawkes) to Peter Hawkes, 4 Highdown Drive, Littlehampton, BN17 6HJ

INTERNATIONAL POLICE ASSOCIATION (IPA)

Ordinary Membership of Section UK of the IPA is open to any serving or retired Police Officer of the Police Services, members of Her Majesty's Inspectorate of Constabulary, serving members of the Special Constabulary of the Police Services, any other serving or retired Police Officer of a Police Service whose application is approved by the National Council, Police Community Support Officers (PCSOs), Scenes of Crimes Officers (SOCOs) or their equivalent terminology, and Investigating Officers. In the case of any person who resigned voluntarily and who can produce written proof that they previously served in the police service for 5 years or more, may apply to be a member. IPA are offering membership to the IPA at £35. Visit: www.ipa-uk.org/Join-Us For more information Visit: www.ipa-uk.org/Join-Us

AUTOMATIC RENEWAL OF AXA TRAVEL INSURANCE

AXA has asked me to remind members that the renewal date for the AXA Travel Insurance is 1st May 2013. If you do not wish to renew please ensure that you cancel your direct debit with your bank and contact Alan Dockerty on 012924 331256 at AXA. If you do not cancel, the fee will be transferred automatically from the members' bank account on the 17th May and a policy documents issued by AXA. Those who renew their policies automatically will receive a letter during mid April from AXA which will confirm the new rate. This will be followed 10 days later by the Statutory BACS letter. Not receiving these two documents would indicate that your policy has not been renewed automatically and you will not be insured for travel. It will be your responsibility to renew your policy.

For information the new rates from 1st May 2013 to 30th April 2014 will be:
Single: £130.00 - Joint: £180.00 (Includes single parent) - Family: £190.00
The prices include the NARPO administration fee.

POLICE MUTUAL LAUNCH NEW MEMBER CARE SERVICE

Following their Annual General Meeting Police Mutual have changed the terms of their mutuality to include not only those who have a Police Mutual product but also those who have a Home or Motor Insurance Policy with Roland Smith. This means that those NARPO members can now access the Police Mutual Member Care Service, which offers a free Nurse led service that supports members and their families through serious illness, chronic health conditions, bereavement and disabilities. It offers a friendly listening ear, practical information, and emotional support where it's needed most. The service provides expert advice, reassurance and access to complementary treatments. The service is provided by Red Arc who are an experienced provider of this type of service. To access the service members should contact 0845 450 5220 or membercare@pmas.co.uk

The Police Mutual Foundation is another new service provided for NARPO members who are also members of Police Mutual and this service provides Convalescence facilities by providing

tailored support for members of the Police Service, retired officers and their families who've been through a traumatic event or bereavement, helping them to get away from it all and recuperate. Applications must be authorised and submitted by Branch Secretaries using the relevant application form available via the website at: www.policemutualfoundation.co.uk

The Police Mutual Foundation website also offers a Well Being Zone which offers online advice designed to help members with their health and general wellbeing.

ABLE COMMUNITY CARE

Able Community Care has been providing live-in care services across the UK since 1980 and has a wealth of information that they are happy to pass on. Recent information sheets that have been published include ideas for Birthday presents for older people, choosing a wheelchair, shopping Tips on how to make shopping easier for elderly and disabled people. If you would like to receive their free publications via email (your details will not be released to any other organisation or person) please request the above information sheets and future ones by visiting www.uk-care.com

NHS DENTIST

Stone Cross Dental Care is a new dental surgery that has opened at Stone Cross behind the small Tesco's. They are taking on NHS patients. I was satisfied with my recent treatment ie one extraction and one filling! The address of the surgery is 1 Mimram Road, Stone Cross BN24 5DZ; telephone 01323 769069

SPONSOR APPEAL

Peter Hayward is a member of the Suffolk Branch of NARPO. He is taking part in the Jordan Hiking Challenge in Oct 2013 to raise money in aid of Macmillan Cancer Support. He has written to all NARPO branches seeking sponsorship. He has started training for the event and has already received donations for his participation in the event. He needs to raise a minimum of £3,300 but obviously wishes to raise much more. He has already started to receive donations from people in the UK, Sweden, Norway, Hungary and Spain. Those living outside the UK will never directly gain from Macmillan Cancer Support, but have offered to support him. There are 49 other people taking part in this quest and he's determined to be amongst the leaders in the raising of funds. Donations can be made through visiting his web-page www.justgiving.com/Peter-Hayward1

WORLD WAR II POLICING VETERANS WANTED

We are interested in hearing from retired officers who Policed during World War II and are happy to share their experiences. Please contact John Sugar for further information. john@sugarproductions.co.uk or call 020 8451 1538 (This item was received via NARPO head office. I have no other information)

FLYFISHING

The Sussex Police Sports and Social Club have a Flyfishing Section which is open to all ex-Sussex employees. We meet several times a year at different trout fisheries in Sussex, Kent and Hampshire. The annual membership fee is £20 which goes towards subsidising some of the meeting by reducing the fishery fees. Novice and experienced anglers are welcome. If you are not an ex-Sussex employee you can still join the meetings as a guest and fish with us. However, you would not be eligible for a subsidy. If you are interested or seek further information please contact me.

HOW TO FIND THIS NEWSLETTER ON THE INTERNET

This Newsletter can be found on the Sussex Police Federation website by logging on to www.sussexfed.org/ ; selecting the heading 'Retired Officers' and 'Eastbourne and District Branch'.

And finally...

I have had a number of calls during the last twelve months from wives of **non-members** seeking help and advice where their husbands are in ill health. Although I always endeavour to 'point them in the right direction' I have to inform them that NARPO is a members only organisation. If you do know of ex-colleagues who are not members please encourage them to join.

Do you have an article for circulation? Retired Policemen/women always have stories to tell! Perhaps you have some old photographs of interest that I could re-produce. Please give it some thought.

For upto date NARPO matters and members' offers please visit the national website at www.narpo.org.uk/

Please do not hesitate to contact me by phone, email or post on any NARPO matters.

The committee hope to see many of you at the **AGM** and the **Spring Lunch**

Bob Diplock

Branch Secretary

Tele: 01323761462

email: narpo-secretary-eastbourne@hotmail.com

Rusper Golf Club
Senior Spring Meeting Monday 15th April 2013

Name.....Handicap.....

Email.....Phone.....

Please make cheques in the sum of £19 payable to P R Hawkes. (Non-refundable after the 8th April 2013) and forward to:

Peter Hawkes 4 Higdown Drive, Littlehampton BN17 6HJ

SPRING LUNCH 24th May 2013 (Please circle your choices)

Name.....telephone no.....

Starter: Melon/ Smoked Breast
Main Course: Lamb/Salmon/Vegetarian
Dessert: Chocolate and Grand Marnier Torte/Cheese and Biscuits.

Name.....

Starter: Melon/ Smoked Breast
Main Course: Lamb/Salmon/Vegetarian
Dessert: Chocolate and Grand Marnier Torte/Cheese and Biscuits.

Name.....

Starter: Melon/ Smoked Breast
Main Course: Lamb/Salmon/Vegetarian
Dessert: Chocolate and Grand Marnier Torte/Cheese and Biscuits.

Name.....

Starter: Melon/ Smoked Breast
Main Course: Lamb/Salmon/Vegetarian
Dessert: Chocolate and Grand Marnier Torte/Cheese and Biscuits.

I enclose a cheque in the sum of.....

(If you can not print this please let me know and I will send you a paper copy.

Alternatively, send your choices in writing to Ruth Humphrey)