



National Association Of Retired Police Officers



Chairman. D. Medhurst
38, Ashdown Avenue,
Saltdean, BN2 8AH
01273 300698
email davidandsuem@hotmail.co.uk

Brighton and District Branch
Newsletter October 2016
www.bdnarpo.co.uk

Sec. G Cosham,
19, Rye Close,
Polegate, BN26 6LT
01323 484024
email grahamjohncosham@btinternet.com

HALF YEARLY MEETING

7.00 PM FRIDAY 21ST OCTOBER AT THE BLIND VETERANS HOME, Ovingdean

Please remember your Chairman's plea last month that YOU attend this meeting to discuss the future of our Branch and Sussex NARPO. If decisions are made which you don't like, and you haven't bothered to attend.....
(Need I say more?)

‡ Obituaries ‡

I regret to inform you of the passing of

Roger WILCOX on the 3rd of October 2016. Roger was stationed at Rye for many years and then moved to Hastings Traffic and was probably best known as a traffic motor cyclist. He received a Royal Humane Society award for rescuing a man in difficulties from the River Rother at Rye harbour.

Mike COOPER on the 4th of October 2016. After service with the RAF, Mike joined the Rhodesian Police. On leaving there he joined the Lincolnshire Police Force and later transferred to Sussex where he served on the Drug Squad, Regional Crime Squad and later retired as a Sergeant at Newhaven. There will be no funeral as Mike donated his body to medical research.

Doreen HINES aged 92 years who passed away on the 10 September 2016. She was the widow of Ted Hines who was a Brighton Borough Inspector.

New members

We extend a warm welcome to our Branch to:-
Phil and Amanda Smith and Susan Pryor.

It's a slow news month this time, so here something which may interest you.....

Martin's Money Tips, an on line weekly newsheet produced by 'money expert' Martin S Lewis. You may have seen him on ITV's This Morning programme or heard him on Radio 5. The newsheet gives advice on all things financial; deals with major and not so major companies; best mortgages; credit and debit card deals. Always includes vouchers and special deals. Consumer rights advice. Travel and holiday tips.

Just a few from 5th October:- New cheapest way to pay abroad; new broadband pricing.. don't be fooled; FREE Ideal Home Show at Christmas tix; Millions of Easy Jet seats released from Thurs; Bag cheap Xmas train tix now; Clarks and DM shoes, 25% off code; Help to Buy Mortgage changes explained; You CAN claim refund from credit card firms using Section 75 for faulty Hotpoint tumble dryers.

Worth a look as it's free! MartinsMoneyTips@moneysavingexpert.com I am not on commission

And finally....The Washington Post has again published the winners in its competition to provide alternative meanings for common words. You need to think this time and have a sense of humour!!

Coffee. (n) the person upon whom one coughs. **Willy-nilly**(adj) impotent. **Lymph** (v) to walk with a lisp. **Flabbergasted** (adj) appalled over how much weight you have gained. **Abdicate** (v) to give up all hope of ever having a flat stomach! **Esplanade.** (v) to attempt an explanation while drunk. **Negligent.** (adj) describes a condition in which you absentmindedly answer the door in your nightgown. **Gargoyle.** (n) gross olive-flavoured mouthwash. **Flatulence.** (n) emergency vehicle that picks you up after you've been run over by a steamroller. **Balderdash** (n) a rapidly receding hairline. **Rectitude.** (n) the formal, dignified bearing adopted by proctologists. **Pokemon** (n) a Rastafarian proctologist. **Circumvent** (n) an opening in the front of boxer shorts worn by Jewish men. **Frisbeetarianism** (n) The belief that when you die, your soul flies up onto the roof and gets stuck there.

NARPO CHRISTMAS LUNCH WEDNESDAY 14TH DECEMBER 2016
12.15 PM FOR 1.00 PM AT MAL MAISON HOTEL
(FORMERLY SEATTLE HOTEL) BRIGHTON MARINA

Three course lunch for £20.00. There are only **60** places available. Full members will be given priority. The reserve list will be available from 16th Nov. **Final closing date Wed. 27th Nov. 2016.**

Choice of one selection from each course

Starters.

1. Curried red lentil parsnip and apple soup
2. Ham hock, apricot and Parma ham terrine. Toasted brioche and winter fruit chutney
3. Severn and Wye herb cured salmon. Horseradish, crème fraiche and pumpnickel
- 4 Stilton, fig and endive salad with caramelised pecan nuts

Mains

- 1 Ballotine of free range turkey, prosciutto, cranberry and orange stuffing, bread sauce and cranberry compote.
2. Dolcelatte and walnut tortellini, pickled beetroot vinaigrette
3. Pan fried cod. Iberico chorizo, red pepper, chick pea and black olive ragu.
4. Slow roasted USDA beef brisket, Jerusalem artichoke puree and roast salify.
All main courses served with Red Rooster roast potatoes, honey roasted winter roots and buttered Brussels sprouts.

Desserts

1. Artisan cheese slate, crackers and quince.
2. Classic Christmas pudding, Cointreau custard.
3. Lemon posset and raspberry trifle, petite meringues and Thai basil.
4. Valrhona dark chocolate torte, crème fraiche and lime co

Vegetarian and special dietary needs can be catered for on request. A 'pay bar' will be available. Ample free parking at the marina (up to 4 hrs) in the multi storey park, there is a lift in the hotel to the floor where we meet.

Social Booking form

To: Mr R. CASTLE, 6, Harrington Place, Brighton, BN1 7HL Tele: 01273 551349 or
Mob. 07817834413 or e-mail ray.castle1@yahoo.co.uk.

Name(s).....

Address.....

Post Code.....Tele.No.....E-mail address.....

Please complete in full.

Please reserve for me.....places for the Mal Maison lunch, Wed. 14th Dec.2016.

I enclose a cheque made payable to 'NARPO' Brighton and District Branch for £.....

Write 'Mal Maison' on reverse.

Select your menu choice(s) and mark as Starter No.....Main No..... Dessert No..... for EACH person.

Eg. Tom SMIFFF S.3. M.4. D.2. Daphne Smiff S.2. M.1. D.2.

1.....

2.....

Add separate sheet if booking for more people

Please add the following names to the reserve list. (First come first served)

I wish to be seated, if possible, with.....